Beta Alpha Psi – Washington State University Community Service Opportunities Fall 2020

From Beta Alpha Psi Nationals, activities NOT constituting community service include:

- 1. Assisting friends or family
- 2. Volunteering to participate in events where the underlying purpose is recruitment

Service Activity Examples – Endorsed by Beta Alpha Psi National

- Volunteering for non-profits such as: Habitat for Humanity, Big Brothers/Big Sisters, Junior Achievement, Recordings for the Blind, Adopt-a-highway, Adopt-a-trail, Adopt-a-family, and service activities sponsored by religious organizations
- Organizing and/or participating in a charitable event such as: fund raising projects for charity, food drives (note: must organize, not just donate), soup kitchens, blood drives, walk-a-thons, bowl-a-thons, coaching youth teams
- Volunteering to assist with university events/activities including university telethons, assisting the career placement office with career fair and/or proctoring exam for a department

Specific Virtual Service Activities – Endorsed by Beta Alpha Psi

Event: Cardz for Kidz

Description: Cardz for Kidz! is dedicated to uplifting the spirits of disheartened children and solemn seniors by sending encouraging handmade cards. Overall, they have delivered over 125,000 cards and have partnerships in all 50 states (+DC) and in each continent.

How to Participate: Club members will receive 0.5 community service hour for each letter sent. To participate, please follow these steps:

- 1. Review the card guidelines at the following link: Click Here!
- 2. Create your card. Make sure to include your first name and your school name on your card.
- 3. Take a picture of yourself with your card and email it to your chapter reporter to obtain community service hour credit for participation and for submission to the Cardz for Kidz participants page.
- 4. Mail completed cards in a plastic ziplock bag to:

Cardz for Kidz 323 East Wacker Drive #11 Chicago, IL, 60601

Please include a note with your card detailing the following information: School name and chapter name Chapter Address **Event**: Neighborly "Write your Neighbor"

Description: The COVID-19 pandemic has forced the elderly population to quarantine due to their vulnerabilities to the virus. The sustaining presence of friends and family have been told to distance thus leaving our older generation lonely and vulnerable to deteriorating mental health and acuity. As such, Neighborly is requesting individuals to write letters to lift spirits.

How to Participate: Club members will receive 0.5 community service hour for each letter sent. To participate, please follow these steps:

- 1. Review the letter guidelines at https://thatsneighborly.org/write.
- 2. Write your letter using paper, colorful pens, crayons, and pencils. Use scripture, quotes, stories, poems, pictures, and photos to encourage the recipient. Make sure to sign your letter with your name, chapter name and school name.
- 3. Email a copy of your letter to your chapter reporter to obtain community service hour credit for participation.
- 4. Mail your completed letter to:

Neighborly 3425 Bannerman Road Suite 105-420 Tallahassee, FL 32312

BAP International has also provided the following link for **online service opportunities:**

https://www.careeraddict.com/online-volunteering-opportunities